



**SAWHA**

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Southern Alberta Women's Hockey Association

## OPERATING RULES

October 29, 2019

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## **POLICY HANDBOOK**

### **SOUTHERN ALBERTA WOMEN'S HOCKEY ASSOCIATION OPERATING RULES AND REGULATIONS**

#### **A. REGISTRATION**

1. It is the responsibility of each team to be registered with the Southern Alberta Women's Hockey Association ("SAWHA") by the first game of the season each year. (Motion #2019-11-A.1).
2. Each team shall be required to pay an annual membership fee of five hundred dollars (\$500.00) (April 2019 AGM) to SAWHA. No team shall be allowed to vote or participate in the SAWHA league unless all fees are paid in full.
3. All players must be registered with SAWHA and this is done via the Adult Safe Hockey League (ASHL) / CANLAN online system. The ASHL / CANLAN team and player on-line registration must be completed, before the team plays its first League game. Only players registered with ASHL / CANLAN are allowed to play. Team fees must be paid in full, prior to participating in league play. (Motion #2019-11-9.2)
4. Playing with a player who is not registered with ASHL / CANLAN Insurance is subject to a \$500.00 fine (Motion #2015-11-8.2)
5. Players who are new to the league can be added during the season up until the final registration date, two weeks before the start of playoffs which is typically mid-February, by using the ASHL / CANLAN on-line system. (Motion #2019-11-9.2)
6. Referee fees are paid out of Casino funds where applicable. Only teams that supply the required two (2) volunteers to work at a Casino before the upcoming season are entitled to this benefit. Teams that have not fulfilled their Casino volunteer requirements must pay referee fees at the beginning of the season.
7. Each team is to post a bond of two hundred dollars (\$200) prior to the start of the SAWHA League play. This bond is to cover any other fees or fines during the season. Once the bond is consumed, it must be re-established before the team can resume participation in the League. The bond is to remain with SAWHA until withdrawal of a team or team (s) after completion of a full season.
8. Every team has to provide a copy of their ice rental contract, which indicates 15-20 ice slots available for league games. Contracts must be in to the scheduler between August 1 and August 15.

9. All requests to not play on certain days (“Blackouts”) must be emailed to the Scheduler at [scheduler.sawha@gmail.com](mailto:scheduler.sawha@gmail.com) no later than August 15<sup>th</sup>. (Motion #2019-11-9.1)
10. All teams are responsible for their own finance, registrations and day to day operations, SAWHA will not get involved or act as a mediator (April 2011 AGM)

## **B. HOCKEY ALBERTA / CANADIAN HOCKEY ASSOCIATION**

Rules of the Hockey Alberta (“HA”)/Canadian Hockey Association (“CHA”) Rule Book will be adhered to including any rules that are adopted by SAWHA. Playing rules implemented will not contravene the CHA Rules, but in some cases could be more severe.

## **C. GAMES AND GAMESHEETS**

1. Game sheets, league and league playoff games, must be **scanned** and **emailed** in by the **HOME TEAM** to appropriate tier email within 72 hours of game play. Failure to do so will result in a fifteen dollar (\$15) fine. Any game sheets still outstanding 72 hours after the last game of the season will result in a fifty-dollar (\$50) fine per missing game sheet. (Motion #2018-09-Section C 1)
  - Tier emails:
    - [tieronegamesheets@sawha.com](mailto:tieronegamesheets@sawha.com)
    - [tiertwogamesheets@sawha.com](mailto:tiertwogamesheets@sawha.com)
    - [tierthreegamesheets@sawha.com](mailto:tierthreegamesheets@sawha.com)
    - [tierfourgamesheets@sawha.com](mailto:tierfourgamesheets@sawha.com)
    - [tierfivegamesheets@sawha.com](mailto:tierfivegamesheets@sawha.com)
    - [tiersixgamesheets@sawha.com](mailto:tiersixgamesheets@sawha.com)
    - [tiersevendgamesheets@sawha.com](mailto:tiersevendgamesheets@sawha.com)
2. All game sheets that require discipline review including – major penalties (any 5 minute penalties), game misconducts, 10 minute misconducts, gross misconducts or match penalties – must be scanned and emailed by the violating team within 24 hours to the Director – Discipline & Game and Game Reports ([discipline.sawha@gmail.com](mailto:discipline.sawha@gmail.com)). Please make sure the referees’ write up of the incident on back of the white game sheet is included. If a scanner is not available immediately, please e-mail the incident information to Director – Discipline & Game Reports within 24 hours and fax the game sheet (front and back) as soon as possible. (Motion #2010-12 C2).

The violating team is responsible to update the website and mail the game sheet to the Director of Discipline and Game Reports ([discipline.sawha@gmail.com](mailto:discipline.sawha@gmail.com)) within 24 hours of the game. All late game sheets that require discipline review are subject to a fifty dollar (\$50).

Note: If both teams require discipline review the home team will scan and email in the game sheet. (Motion #2018-09-Section C 2)

3. All game sheets indicating a player or team official is serving a suspension are to be scanned and emailed, by the team with the suspension, prior to the next game to the Director – Discipline & Game Reports (discipline.sawha@gmail.com). Failure to do so will result in a fifteen dollar (\$15) fine. (Motion #2018-09-Section C-3)
4. The Home team is responsible for updating the game results and individual statistics on the website within (3) three days. Failure to do so will result in a fifteen dollar (\$15) fine (Motion #2018-08 -Section C-4)

#### **D. RESPONSIBILITIES OF THE HOME TEAM**

1. Provide a competent timekeeper & scorekeeper-preferably 2 people. Except during League Playoffs where both teams must provide one scorekeeper. (January 31, 2011)
2. Provide score sheets in duplicate.
3. Provide four (4) pucks in good condition.

#### **E. RESPONSIBILITIES OF THE VISITING TEAM**

1. Initiate the postponement of a game in the event that a Road Condition or Travel Advisory is issued due to poor weather conditions.
2. Notify the Director of Scheduling, Director of Officiating, and President of such postponement. This is very important as the referees will have to be cancelled. (Motion 2019-11-E.2)

#### **F. TEAM UNIFORMS AND CHOICE OF ENDS**

1. Team colors must be submitted to the SAWHA Executive upon registration (August 1<sup>st</sup>). All new teams must try to avoid duplicating the colors of existing teams. . (Motion #2010-5)
2. Each team shall declare its colors to the SAWHA Executive at the beginning of each season. If these colors are accepted, they may not be changed during the season without the approval of the SAWHA Executive.
3. For the purpose of League play, home teams are responsible for wearing white jerseys. Teams are expected to carry two (2) sets of jerseys to prevent these issues. (As Per CHA). It will be the responsibility of the Home Team to change their sweater and socks if the colors of the competing teams' conflict.

4. The Home Team shall have the choice of ends to start the game and must take the players bench that corresponds to their choice of ends. Teams shall alternate ends of the ice to start each period but neither team is permitted to change their player's bench.

## **G. PROTESTS AND APPEALS**

1. Each appeal regarding the business arising from Relegation and Promotion must be made in writing to the SAWHA President prior to May 1, before the following season and must be accompanied with a one hundred dollar (\$100) appeal fee. These appeals will be reviewed and a decision made by the SAWHA Appeal Committee within a reasonable period. In order to be reimbursed half of the one hundred dollar (\$100) appeal fee, the appeal must be successful in its entirety. Relegation and Promotion appeals are examined and reviewed on four criteria:
  - 1) Competition Aspect – closeness of games;
  - 2) Past Statistical Performance – record in past years;
  - 3) Player Loss – any player's leaving or joining the team that can affect the team's level of play;
  - 4) Development – Will the move affect the players' ability to develop?
2. Any Hockey Team player, team official, or manager that is dissatisfied with a decision or ruling of SAWHA Discipline Committee, in whole or in part, made pursuant to the operating rules, has the right to appeal the decision to the SAWHA Discipline committee within 48 hours of the initial notice of discipline. All appeals shall be initiated by notice of writing to the President and Director of Discipline, and should include concise statements of the grounds for appeal. Supporting statements from the opposing team, opposing team official, and on-ice officials may be taken into consideration. Appellants shall be required to pay the \$100.00 appeal fee. (April AGM 2012).
3. An appeal does not operate as a stay of decision, unless otherwise agreed by the SAWHA appeal committee. The appeal will be reviewed and a decision made by the SAWHA appeal committee within 48 hours after receiving the written protest and appeal fee. If the appeal is successful in its entirety, SAWHA will reimburse the protesting team or player half of the appeal fee. (April AGM 2012)

## **H. REFEREES**

1. Referees must be registered and certified by HA.
2. All regular season, exhibition and playoff games must have a minimum of two (2) registered officials.
3. In the case of officials not showing up for regular season games, see CHA rule 5.2K of the CHA Official Playing Rules. (Motion #2010-6)

4. No one other than the Referees working the game will be allowed in the same Officials' room at any time.
5. All complaints regarding Referees must be in writing to the Director of Officiating at [ref.sawha@gmail.com](mailto:ref.sawha@gmail.com). A form is also posted on the SAWHA website- [www.sawha.com](http://www.sawha.com).

## **I. TEAM CONDUCT**

1. Profanity by players, team officials or league representatives will not be tolerated and will result in appropriate disciplinary action.
2. The Team Official(s), Manager and Trainer shall be held strictly accountable to the SAWHA Executive for their conduct and that of their players at all times. In particular, they are responsible for preventing disorderly conduct of themselves and their players before and after games or practices, on or off the ice and at any places in or about the rink.

Individuals, Teams or Team Supporters whose unsporting behavior causes the game to be brought into disrepute may cause the team or individual to be suspended from further play, further discipline by the League and they may face expulsion from the League at the discretion of the Discipline Committee.

Unsportsmanlike (or unsporting) behavior occurs when the game is brought into disrepute by unexpected or unprecedented behavior that offends the spirit of the game and can be directed against opponents, colleagues, officials, spectators or facility staff.

Teams will be required to follow a Code of Conduct. The Code of Conduct will be outlined at the beginning of each season and will require each Team's Officials or Representatives to sign it and return it to the Director of Registration & Administration along with their player cards or team sheet prior to the start of the season.

3. The person(s) acting as teams official(s) shall sign the official score sheet before the start of the game and shall be deemed the official in charge of the team during the time the team is in the arena (from arrival to departure).
4. If the SAWHA Executive is of the opinion that a team is being assessed too many penalties of a serious nature, then the Team Official(s), Manager or Player(s) or any combination thereof, are liable to suspension for failure to control their team/themselves.

5. The SAWHA Executive will not tolerate any abuse of any kind by a Player, Team Official(s), Manager or Trainer of any league or game officials and such abuse will render that individual liable to suspension at the discretion of the SAWHA Executive.

When issues or concerns arise throughout the season, SAWHA urges all players and teams to follow the following communication channel:

First address your concerns to your team official or representative. If the issue is not resolved please address the concern with the appropriate SAWHA Executive member. If you feel the issue is still not resolved please address the concern with the SAWHA President.

## **J. LEAGUE PLAY**

1. League format and number of games shall be discussed on an annual basis. Playoff format (if required) shall be discussed on an annual basis.
2. While not required, it is recommended that teams have a Team Official on the bench during games. Teams that, at the discretion of the referee, are deemed to be out of control and do not have a responsible adult on the bench will have one of their captains retired to the bench to control their team. (September 2012)
3. It is the responsibility of each team to give the SAWHA Scheduler a list of "Home Ice" dates and times no later than August 15 of each season and again by December 1 for the second half of the season. Failure to do so will result in fine of \$100.
4. All teams must provide a minimum of one and a quarter (1 1/4) hour ice time for league play.
5. All games on Sunday to Thursday nights must start by 10:00 pm, but this can be over-ridden at the sole discretion of the SAWHA Executive if they deem that later ice times are necessary for the success of the SAWHA league.
6. All games on Friday and Saturday nights must start by 10:30pm.
7. Any teams that currently (2004-2005 season) have ice time starting after these times are grand-fathered.
8. All league games will consist of three (3) fifteen (15) minute stop-time periods, with a three (3) minute warm-up and no more than 45 seconds between periods. All complaints of violation of these stipulations must be submitted in writing to the SAWHA Director – Scheduling at [scheduler.sawha@gmail.com](mailto:scheduler.sawha@gmail.com).



9. If there is more than two (2) minutes left in the game but there are only five (5), minutes or less left on the ice time, the referee shall instruct the timekeeper to drop the clock to two (2) minutes. (Motion #2010-9)
10. Each Team is allowed one (1) 30 second timeout per game. If there are less than 2 minutes left in the ice permit (Not time on the clock) no time-out will be allowed for either team.
11. Regular season and playoff games scheduled by SAWHA are to take precedence over Exhibition or Tournament games. This will be strictly enforced by the SAWHA Executive.
12. Relegation and promotion will be determined at the beginning of the year once a round robin is completed in each tier called a seeding round. After the seeding round if the teams at the top or bottom of the tier are not competitive they will be approached by the SAWHA Executive to move up or down and join the new tier for the rest of the season. If, at the AGM, a seeding round is not approved for the following year, then the above will obviously not apply. (April 2010 AGM- New Business – point 2)

Teams can request to move up or down a tier during the off-season to [president.sawha@gmail.com](mailto:president.sawha@gmail.com) by May 1.

The SAWHA Executive may approach teams that were or were not competitive within their tier to move up or down prior to the season commencement. (Motion 13.2, April 28, 2014) Note: this motion was approved in 2014 and not included in the 2016 updates.

The SAWHA Executive reserves authority to revise divisional standings by way of Special Resolution. (Motion #2009-03)

14. Provincial playoffs may be separate from the League schedule. Each tier will determine what they want to do for the following year, by a majority vote, at the AGM. (passed at 2010-AGM- New Business – point 11)
15. All penalties incurred in League play (regular season & playoff and exhibition games) must be served in regular season and playoff games. Suspensions received in League play cannot be served in exhibition games.
16. The tie breaking system for Regular Season Seeding is as follows: (#2008-01)
  1. Total Points
  2. Total Wins
  3. Head to Head record vs. opponent(s)
  4. The Greatest Positive Goal Differential (#2010-14)
  5. Total Goals Scored

6. Total Goals Against
7. Total Goals Scored against team(s) tied with
8. Least Penalty Minutes
9. Coin Toss

#### 17. SAWHA Tie-Breaking Procedures for League Playoffs (Motion #2008-02)

*\*\*Coaches, please inform the Officials/Referees of this procedure prior to the start of the game (including the 3 minute warm-up and limited time between periods).*

Due to Ice Permit Constraints, SAWHA will have the following procedure in place for League Playoffs:

1. If there are ten (10) minutes remaining in the ice permit, the clock should be dropped down to two minutes regardless of the score.
  2. If there are five (5) minutes remaining in the ice permit and the score is tied, a three player shootout will take place instead of dropping the clock down to two minutes.
  3. If at the end of the Third Period – a player is serving a penalty, the penalized player cannot be included in the first three (3) shooters. The penalized player can be included in the sudden death shootout.
  4. Coaches will decide the names of their first three shooters prior to the start of the game. Coaches will indicate this on the score sheet by placing S1, S2, and S3 next to the players' name that will be shooting first, second, or third.
  5. Visiting Team shoots first.
  6. First three (3) shooters may not shoot again until all other players have shot. This also applies to the individual shooters in the sudden death shoot-out.
  7. Sudden death shootout means the team shooting second in the rotation still has the opportunity to shoot should the team shooting first in the rotation score a goal.
  8. If either team declines to play in the necessary shootout, the game shall be declared a loss for that team.
18. In playoffs, after the first round of games, all games will be played in the City of Calgary unless there is a shortage of ice in Calgary. (Motion #2009-01)
19. Blackout dates for the month of March will not be accepted due to the playoff schedule. The only exception is any teams attending provincial events during this month. (Motion #2009-02)
20. At the conclusion of the game, all SAWHA Teams will line up for the handshake. Removal of gloves is not mandatory. Players or Teams not adhering to the SAWHA Code of Conduct will be subject to discipline review. (April 2012 AGM)

## **K. CANCELLATIONS DUE TO WEATHER CONDITIONS**

1. Cancellation due to weather conditions will be as per local R.C.M.P. or other recognized association road recommendations. This information is available via the Alberta Motor Association website or updated recorded messages for all major highways, etc. The AMA reports also include RCMP advisories for road closures and NO TRAVEL ADVISORY.

Web: [www.ama.ab.ca](http://www.ama.ab.ca)

Telephone: 246-5853

If the RCMP recommend not driving, notify the other team. Then the Visiting team must notify the Scheduler and their Tier Coordinator(s) of such postponement.

In the event that league games are cancelled due to bad weather/road conditions, the Home team will try to re-sell their ice or have a practice. If the Home team decides that they do not want a practice and are unable to re-sell the ice, the two teams will share the cost of the ice (and the refs if they are not cancelled). If the teams agree to reschedule the game they will share in the cost of the new ice and the refs as well. (Jan. 31, 2011)

If the game is not rescheduled, the next game at that same city/town (preferred) or if not available on the schedule, then the next game wherever, will count for two games or if there are not any more league games to play the game will be deemed to be a tie. (Jan. 31, 2011)

2. If a playoff game is cancelled due to weather and the game cannot be rescheduled the winner will be decided according to the tie breaking rules between the two teams as outlined in the SAWHA operating Rules Section J pt 16 starting with point #3- Head to Head record vs. opponent(s) and then to point # 4, 5, etc. but all based on Head to Head stats (Jan 31, 2011)

## **M. RESCHEDULLING OF GAMES**

1. The Scheduler(s) will work on a best efforts basis to reschedule games when requested by a team(s). (Motion 8.1, Sept 13, 2013).
2. If the cancelled ice time cannot be re-sold, the cancelling team will pay the full ice cost. The cancelling team will also pay the referee costs if the referees be cancelled in time. (Motion 8.1, Sept 13, 2013)
3. If the game cannot be rescheduled, the game will be recorded as a loss for the cancelling team. The opposing team will not be charged the cost of the ice time or the referee costs in the equalization process. (Motion M.3, Sept 13, 2013)

4. The opposing team gets the win under point #3 recorded as a 1-0 game. (Motion 8.1, Sept 13, 2013)
5. If a team forfeits (less than 6 players) a game, the game will be recorded as a loss for the forfeiting team, they will pay for the ice costs, the referee costs and be fined \$100 and the opposing team will not be charged for the cost of the ice time or the referee costs and will be given the \$100 for their trouble. (Motion 8.1, Sept 13, 2013)
6. This does not apply to weather cancellations. (Motion 8.1, Sept 13, 2013)

These occurrences must be recorded with the SAWHA President and in the league minutes.

#### **N. LATE FEES / FINES**

1. A fine of twenty five dollars (\$25), will be levied per month for all late fees, this includes all non-playing months.
2. A fine of one hundred dollars (\$100) will be levied for each SAWHA regular meeting where at least one (1) team delegate is not in attendance.
3. A fine of two hundred and fifty dollars (\$250) will be levied for each SAWHA AGM where at least one (1) team delegate is not in attendance.
4. A fine of one hundred dollars (\$100) will be levied for missing the August 15th or Dec 1st deadline for league ice submission.
5. A fine of two hundred fifty dollars (\$250) will be levied for each Casino volunteer name that is not supplied to the Casino Chairperson, one (1) month prior to any scheduled Casino. Three (3) volunteer names are required but only two (2) per team will be used.
6. A fine of fifty dollars (\$50) will be levied for each Bylaw workshop where at least one (1) team delegate is not in attendance

#### **O. AFFILIATION / ELIGIBILITY / TAMPERING**

1. Tier One and Tier Two may register with ASHL / CANLAN for league play and have the option to register with Hockey Alberta. (Motion 13.1, April 9, 2016).

2. Non-Sanctioned Games, Non-Provincial, Provincial Issues
  - a. Playing under the jurisdiction of HA and CHA results in a set of rules that SAWHA must abide by.
  - b. ASHL / CANLAN and Provincial registration under HA has its pros and cons but it does mean that all teams are playing under the same guidelines and rules. Questions frequently arise around the issue of playing with or in unsanctioned teams/tournaments. A key issue here is of course insurance coverage.
  - c. All teams are encouraged to carry some type of insurance coverage and while this cost may vary substantially, the extent of coverage should be carefully verified. SAWHA teams carry this additional liability coverage under ASHL / CANLAN.
  - d. Provincial registration indicates a certain level of competitive hockey meaning that you could compete for provincial play, regional play such as the Western Shield or national play such as the Esso Women's Nationals.
  - e. Non-Provincial registration does not allow you that same level; although Non-Provincially registered players can affiliate to Provincially registered teams for regular season, exhibition and tournament play but not provincial play.
  - f. As the SAWHA Executive, we can only tell you the conditions and consequences that may result should you contravene the HA/CHA rules. Approval from SAWHA, to play in unsanctioned tournaments would not be given under any circumstances - the risk lies entirely with the team. The disciplinary action would come directly from HA and would likely involve players, team and team official's suspensions!
  - g. Please feel free to contact the Executive if you have any concerns or further questions.

## **P. UNDER-AGE PLAYER**

1. A written application must be submitted to the SAWHA Executive by any team interested in having a player of affiliate age seventeen (17) or under, as of December 31st, participating on their team, stating the reasons why they want that player to play on their team. (Motion 13.6, April 16, 2013)
2. The Parent(s) of an under-age player or affiliate must also make a written application to the League as to why they want their daughter to play on a senior team.
3. The Executive will then consider the applications for approval based on the following:
  - a. Age and skill level;
  - b. Best interest of SAWHA;
  - c. Best interest of Minor Hockey Association(s);
  - d. Options available to player;
  - e. Roster availability

## **Q. NEW TEAMS (Motion #2009-05b)**

New Teams must provide an expression of interest in writing to the SAWHA President by June 1 of the playing season expressing the following:

- a) Compliance with and adherence to the Objectives, Bylaws and Operating Rules of SAWHA;
- b) Acknowledgement that it is required to provide volunteers for Casinos and other League events such as League meeting attendance, etc.;
- c) A complete list of the names, mailing and e-mail addresses, and phone numbers of the applicant's officers, which shall consist of at least a team manager;
- d) Annual membership fee deposit, as specified in the Operating Rules, refundable if the team withdraws prior to August 15 of the playing season.

A written application must be received by the SAWHA President, due August 1 of the playing season, which shall include the following:

- a) The Expression of Interest Listed above;
- b) A copy of an ice rental contract that indicates that the team has 15 to 20 ice slots per season. All ice-times must start no later than 10:00 pm on Sunday to Thursday nights and no later than 10:30 pm on Friday and Saturday nights;
- c) If the arena is out of town, it must be within a 90 km radius of Calgary;
- d) A roster with players' names, how long they have played and at what level (this will be used to help determine what tier they should participate in, that they have enough players to form a team, and to determine if some of their players are coming from SAWHA other teams).
- e) If a team is unable to secure an ice rental contract they must provide proof that they have contacted at least five (5) arenas, and have been turned down but are hopefully on a wait list. This proof must be sent to [scheduler.sawha@gmail.com](mailto:scheduler.sawha@gmail.com). (Motion #2010-11). Teams participating in SAWHA pooled ice must provide up to 8 hours of volunteer time per team per year for the Fairview Arena.

## **R. DISCLAIMER**

Any Bylaw and/or Regulation not specifically set out in these Operating Rules and Regulations or SAWHA's Bylaws Document will be referred to HA and/or CHA Bylaws & Regulations. A copy of the CHA, HA, and SAWHA Bylaws and Operating Rules must be carried by at least one (1) team official at all games.

## **S. LOWEST TIER GUIDELINES**

These guidelines are for the lowest tier recreational tier. The lowest tier rec tier will operate by the same SAWHA guidelines with the exception of the following:

1. Three goal rule. Players can only score three goals per game. Any goal will result in the puck being brought back to centre ice and a face off taking place.

2. Fair and competitive play is at the heart of this tier. The Fair Play rule, is that. At the discretion of the referee, he or she may ask a player to leave the game if there is show boating, or another behaviour that violates value of fair play.

## **T. SUSPENSION GUIDELINES**

These guidelines are designed for dealing with infractions committed in the course of a game. This will ensure consistency as maintained by those empowered to administer discipline. The terms of suspensions listed herein are a minimum for each infraction. A player's past record is considered, and will influence additional penalties. Team officials will also be subject to similar discipline with the Discipline Committee having the jurisdiction to apply more severe penalties. The SAWHA Executive may impose additional fines where not stipulated in the By-Laws or Suspension Guidelines. Any playing rules implemented must not contravene the CHA rulebook, with the following exceptions:

1. There will be no delay of game for a goalie change.
2. There is body contact but NO body checking allowed.
3. There must be six (6) players dressed at the beginning of each game. If not the game will be forfeited (1-0).
4. MISCONDUCTS-game, gross or 10- minute
  - a. In all Hockey, any Player or Team Official who is assessed a Minor Penalty and a Game Misconduct or a Major Penalty and a Game Misconduct or any other infraction resulting in a Game Misconduct/Gross Misconduct penalty, that occurs in the last ten (10) minutes of regular time or any overtime, or at the conclusion of the game and prior to the Player or Team Official entering his/her dressing room, shall automatically be suspended for a minimum of the next regular League / Playoff / Pre-Season / Tournament / Provincials Game. This is in addition to any other suspensions directed by HA Senior/Junior Female Hockey Minimum Suspensions. (HA 13.3) The player or Team official is subject to additional SAWHA suspensions and is fined thirty dollars (\$30) per game suspended. (Motion #2019-11-10.2)
  - b. In the case of a Game Misconduct for abuse of Officials at any point during the game refer to the SAWHA Minimum Suspension List. (Motion #2010-12-S-4a).
  - c. If a team member receives a second (2nd) misconduct at any time throughout the current playing season at any time during the game, that team member may be automatically suspended for the next league/playoff game and fined sixty dollars (\$60) per game suspended at the discretion of the Director – Discipline & Game Reports. Any additional misconduct may result in further fines and/or

suspensions to the player(s) and/or team management by the SAWHA Executive. (Motion #2019-11-10.2)

4. ALL suspensions, misconducts and affiliations and / or substitutes must be marked on the score.
5. If the SAWHA Executive at the recommendation of the Director – Discipline & Game Reports is of the opinion that a team is being assessed too many penalties of a serious nature, then the coach, manager and/or player(s) or any combination thereof, are liable to suspension for failure to control their team or themselves. (Motion #2010-12-S-6)
6. Players or team officials serving a suspension will not be allowed in, on or near the dressing room, players' bench, press box, sitting in the stands or acting as an off-ice official before, during or after a game. (Motion #2010-12-S-7).
7. Minor Penalties
  - a. If any player is assessed three (3) penalties in one (1) game, they will be ejected from that game. Any combination of minor, bench minor, major, or misconduct penalties shall apply to the personal total of the individual in the game. Double minor penalties will count as two (2) infractions towards the three (3) penalty maximum. (Motion #2019-11-S-10.1)
  - b. A second (2<sup>nd</sup>) three (3) penalty game, will result in a one (1) game suspension and a thirty dollar (\$30) fine. (Motion #2019-11-S-10.1 & 10.2)
8. Any SAWHA team receiving a cumulative penalty minute total greater than eight (8) minutes per regular season game scheduled in their respective Tier will be given a writing warning. Any SAWHA team receiving a cumulative penalty minute total greater than ten (10) minutes per regular season game scheduled in their respective Tier will be fined two hundred and fifty dollars (\$250) and be placed on Discipline probation.  
Note: This allows the rule to be suitable across all Tiers which may play a different number of regular season games. (April AGM 2012)
9. Any SAWHA player receiving a cumulative penalty minute total greater than one (1) minute per regular season game scheduled in their respective Tier will be given a written warning. Any player receiving a cumulative penalty minute total greater than one and a half (1.5) minutes per regular season game scheduled in their respective Tier will receive a one (1) game suspension and a thirty dollar (\$30) fine. Any player receiving a cumulative penalty minute total greater than two (2) minutes per regular season game scheduled in their respective Tier will receive a three (3) game suspension and a ninety dollar (\$90) (\$30.00 per game suspended), fine and be placed on disciplinary probation. (Motion #2019-11-S-10.2)



## **U. CANLAN SUBSTITUTE PLAYERS (formerly Female Recreation Substitute Player Guidelines) (Motion #2012-09)**

**These guidelines are designed for teams playing under ASHL / CANLAN registration.**

1. Substitution is not to be used to improve the caliber of a team; it is to be used to ensure teams have enough players to play.
2. All tiers above the lowest tier teams may substitute players from a lower tier. Any substitute player must be clearly noted on the game sheet using the abbreviation "SUB" after the player's name. All tiers above the lowest tier may not substitute laterally; that is they may not substitute from within their own tier. Substitute players may only sub up for one team. Substitute players may only play up for a maximum of 15 games. Substitute goalies may only play up for a maximum of 20 games. Both maximums include playoffs. Any player that plays over the maximum sub player limit will receive a one game suspension and the upper team will be fined \$350.00. (Motion #2018-09-2.1 - # of player games; Motion #2018-09-2.2 - # of goalie games).
3. The lowest tier teams may substitute laterally; that is from within their own tier. Any substitutes must be clearly noted on the game sheet using the abbreviation "SUB" after the player's name. Lowest tier players may sub for any other team in their tier up to 15 games (exception is goalies that can sub for 20 games) in total. (Motion #2018-09-2.1 - # of player games; Motion #2018-09-2.2 - # of goalie games).
4. If there is an emergency situation and a specific goalie is requested to play additional games above and beyond the permitted amount in point U.2. and U.3., a written request must be submitted by the team representative to the SAWHA President for review and approval will be determined accordingly. (Motion #2016-09-7.1).
5. Sub players and goalies' names must be clearly noted on the game sheet and marked on the online roster. Sub players and goalies full names must be included on the online roster.
6. Goalie substitutions must be from a tier below (exception lowest). In the rare case where a goalie from a lower tier cannot be found, the President may approve a lateral substitution goalie within higher tiers.

7. When a lowest tier team utilizes substitute players, they may have a maximum of 13 players (12 skaters and a goalie) listed on the game sheet. Teams that do not adhere to this maximum will forfeit any game in which they have played additional substitutes and will be fined fifty dollars (\$50). (Motion #2017-09-7.2).
8. Players must play for their home (full time) team first on any given day. That is, they must play with their team before subbing for another team.
9. Players (forwards and defense) who play in a higher tier may play as a SPARE GOALIE in lower tiers. (Motion #2017-09-7.1)
10. Any teams playing with an un-approved sub(s) will be fined \$200.00. Approved subbing scenarios are listed in this section, points 1 – 9. (Motion #2015-11-8.2)

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## 7. SAWHA 2011-2012 MINIMUM SUSPENSIONS LIST

The following are minimum suspensions that shall be imposed for infractions, which occur in all SAWHA exhibition, league, and play-off games during the current playing season. Any suspensions assessed by SAWHA shall be served only in league, play-off games or provincial games. Tournaments and exhibition games will not apply.

CODE	INFRACTION	HA RULE	MINIMUM SUSPENSION
Coaches	Coach whose player is not identified as the first to leave the Players or penalty bench during an on ice altercations <b>GAME MISCONDUCT</b>	9.5c	1 game *plus appropriate fine(SAWHA)
	Coach identified as having the first player leaving the players bench during fight or for the purpose	9.5b	Two (2) games *Plus appropriate fine.(SAWHA)
	Coach identified as having player(s) leaving players' bench at the same time during a fight or for the purpose of starting a fight	9.5	Two (2) games *Plus appropriate fine.(SAWHA)
	Team official ejected from a game	SAWHA	Two (2) games *Plus appropriate fine.(SAWHA)
	Team official making public derogatory remarks with respect to SAWHA, any Director, Team Official or game official of SAWHA or its Divisions	SAWHA	\$100.00 fine minimum Plus appropriate suspension
	Team official who is party to or had knowledge of playing a Player not properly registered with that team or properly affiliated to that team.	2.2c	Indefinite suspension \$50.00 fine (SAWHA)
	Team official who is party to or had knowledge of playing under suspension.	2.2c	Indefinite Suspension \$50.00 fine (SAWHA)
	Any Player involved where Majors, Game Misconduct, Gross Misconducts and Match Penalties are assessed in a pre or post game brawl.	4.1	Two (2) games + SAWHA Review *Plus appropriate SAWHA fine
	Coach of a Team whose Players are so penalized in a pre or post game brawl.	4.1	INDEFINITE SUSPENSION *Plus appropriate SAWHA fine
	Any Team involved in a pre or post game brawl * Coach's penalty will be noted on the <b>front and back</b> of the game sheet of the Official's copy only. Penalty to Coach is automatic because of a player receiving a GM. Coach not to be ejected from the current game because of this penalty being assessed.	4.1	INDEFINITE SUSPENSION

### Players & Team Officials

H.A.	<b><u>ABUSE OF OFFICIALS:</u></b> Verbal abuse of Officials (ZERO TOLERANCE) <b>Game Misconduct.</b>	9.2	2 games *plus appropriate fine(SAWHA)
H.A.	<b><u>GROSS MISCONDUCTS</u></b>	4.7	2 games *plus appropriate fines(SAWHA)
	<b><u>DELIBERATE INJURY ATTEMPT:</u></b>		
H.A.	Deliberate Injury	6.1a MATCH	INDEFINITE SUSPENSION

H.A.	Use of a Blocker	6.1a MATCH	3 games *PLUS appropriate fine(SAWHA)
H.A.	Hairpulling	6.1d MATCH	3 games *plus appropriate fines
H.A.	Headbutting	6.1b MATCH	3 games *plus appropriate fine(SAWHA)
H.A.	Grabbing the Facemask	6.1d MATCH	3 games *plus appropriate fine(SAWHA)
H.A.	Buttending	8.1 MATCH	2 games *plus appropriate fine(SAWHA)
H.A.	Facial Protector as a Weapon	6.1e MATCH	2 games *plus appropriate fine(SAWHA)
H.A.	Spearing	8.5 MATCH	3 games *plus appropriate fine(SAWHA)
H.A.	Slash, high stick, cross checking	6.1 h MATCH	2 games *plus appropriate fine(SAWHA)
H.A.	Kicking	6.1c MATCH	3 games *plus appropriate fine(SAWHA)
<b><u>CHECKING FROM BEHIND</u></b>			
H.A.	Checking from behind where a five(5) minute major penalty Plus a Game Misconduct is assessed	6.4 MAJOR	1 game *plus appropriate fine(SAWHA)
H.A.	Checking from behind(when Match penalty is assessed)	6.4 MATCH	4 games *plus appropriate fine(SAWHA)
H.A.	<b><u>FIGHTING</u></b>	6.7	
	1 <sup>st</sup> Offence Game Misconduct		1 game *plus appropriate fine(SAWHA)
	2 <sup>nd</sup> Offence Game Misconduct		2 games *plus appropriate fine(SAWHA)
	3 <sup>rd</sup> Offence		INDEFINITE SUSPENSION *Under SAWHA review*
H.A.	<b>INSTIGATOR OR AGGRESSOR OF A FIGHT</b>		
	1 <sup>st</sup> Offence		Game Misconduct
	2 <sup>nd</sup> Offence		1 game *plus appropriate fine (SAWHA)
	3 <sup>rd</sup> Offence		3 games *plus appropriate fine (SAWHA)
H.A.	Any player wearing a ring or rings, tape or any other material on his/her hands, who becomes involved in a fight and who uses such to gain an advantage or to inflict punishment and/or injury shall be assessed a Match Penalty in addition to any other penalties he/she may occur	6.7a 4 MATCH	2 games *plus appropriate fine(SAWHA)
H.A.	Third man in a fight GAME MISCONDUCT	6.7c	2 games *plus appropriate fine(SAWHA)
H.A.	Any player receiving a second fighting Major penalty during the same stoppage of play. GAME MISCONDUCT	6.7c	2 games *plus appropriate fine(SAWHA)
<b><u>LEAVING THE BENCH FOR THE PURPOSE OF FIGHTING</u></b>			
H.A.	A player identified as first to leave the players bench during a fight or for the purpose of fighting DOUBLE MINOR & GAME MISCONDUCT	9.5b	2 games *plus appropriate fine(SAWHA)

H.A.	A player identified as leaving the penalty box for the purpose of fighting	9.5b,d	3 games *plus appropriate fine(SAWHA)
H.A.	The coach of the team whose player is penalized under the above two points.	9.5	3 games *plus appropriate fine(SAWHA)
H.A.	The Coach whose Player left the bench but is not identified as the first to leave the players or penalty bench during an on-ice altercation	9.5	1 game *plus appropriate fine(SAWHA)
H.A.	Any player identified as being the first to leave the players' bench to start a fight	9.5	3 games *plus appropriate fine (SAWHA)
H.A.	The Coach of the team whose player is penalized under the above two points		
	1 <sup>st</sup> Offence		Game Misconduct
	2 <sup>nd</sup> Offence		2 games *plus appropriate fine (SAWHA)
	3 <sup>rd</sup> Offence		3 games *plus appropriate fine (SAWHA)
<b><u>PHYSICAL HARASSMENT OF OFFICIALS</u></b>			
H.A.	Threaten or attempt to strike.	9.6a MATCH	1 Month
H.A.	Intentionally touches, holds or pushes	9.6b MATCH	3 Months
H.A.	Intentionally strike, trip or body check	9.6c MATCH	1 YEAR
H.A.	<b><u>REFUSING TO START PLAY</u></b>	10.14	INDEFINITE SUSPENSION
<b><u>SPITTING</u></b>			
H.A.	Spitting on an official	9.7 MATCH	1 Month
H.A.	Spitting on an opponent	9.7 MATCH	2 games *plus appropriate fine(SAWHA)
<b><u>CHECKING TO THE HEAD</u></b>			
H.A.	Checking to the head where a five(5) minute Major penalty plus a Game Misconduct is assessed	6.5b MAJOR	1 game *plus appropriate fine(SAWHA)
H.A.	Checking to the head when a Match penalty is assessed	6.5c MATCH	4 games *plus appropriate fine
H.C.	<b><u>TEN MINUTE MISCONDUCTS</u></b>		
	All ten (10) minute misconduct penalties are subject to a one(1) game suspension if the penalty falls in the last ten(10) minutes of a game	4.6	1 game * Plus appropriate fine
<b><u>GAME MISCONDUCT PENALTIES</u></b>			
SAWHA	High stick (MAJOR)	8.3	1 game *plus appropriate fine
SAWHA	Cross Check (MAJOR)	8.2	1 game *plus appropriate fine
SAWHA	Slashing (MAJOR)	8.4	1 game *plus appropriate fine
SAWHA	Boarding/Body checking (MAJOR)	6.2	1 game *plus appropriate fine
SAWHA	Elbowing/kneeing(MAJOR)	6.6	1 game *plus appropriate fine

SAWHA	Charging(MAJOR)	6.3	1 game *plus appropriate fine
SAWHA	Tripping (MAJOR)	7.4	1 game *plus appropriate fine
SAWHA	Interference(MAJOR)	7.3	1 game Plus appropriate fine
SAWHA	Holding(MAJOR)	7.1	1 game *plus appropriate fine
SAWHA	Hooking (MAJOR)	7.2	1 game *plus appropriate fine
SAWHA	Roughing (MAJOR)	6.7	1 game (April 2011 AGM) *plus appropriate fine
SAWHA	Goaltender drop kick the puck(MAJOR)	4.11	1 game *plus appropriate fine
SAWHA	Team Official Interference/Distracton During a Penalty Shot	4.9	1 game *plus appropriate fine
SAWHA	Trash Talking (MAJOR)	9.2	2 games *plus appropriate fine
SAWHA	3 penalty infraction (SECOND OFFENCE) GAME EJECTION	4.2f	1 game suspension *plus appropriate fine

**\*THE WHITE COPY OF GAME SHEETS WITH MATCH PENALTIES ARE THE REFEREES RESPONSIBILITY TO HAND OVER TO THE REFEREE PRESIDENT. THE TEAM IN VIOLATION SHALL NOTIFY THE SAWHA DISCIPLINE DIRECTOR AND PRESIDENT OF ANY MATCH PENALTY CALLED IN A GAME BY PHONE CALL OR EMAIL, AS SOON AS POSSIBLE. MATCH PENALTIES AND THEIR RESULTING SUSPENSIONS, ARE DEALT WITH BY HOCKEY ALBERTA'S REFEREE COUNCIL. THE APPEAL PROCEEDURE IS LOCATED IN HOCKEY ALBERTA BYLAWS AND REGULATIONS, PAGES 65-68. SAWHA WILL APPLY FINES OF \$25.00 PER GAME SUSPENDED.**

## SAWHA 2011-2012 Fine Structure

### Team Fines

Infraction	Fine Amount
Game Cancellation less than 14 days written notification given	\$100.00
Game Cancellation less than 7 days written notification given	\$100.00 + Ice Cost + Referee Cost
Cancelled Game not re-scheduled within 14 days	\$250.00
Forfeiting a Game (see Section M for further disciplinary actions)	\$450.00 + Ice Cost + Referee Cost
Submitting League Ice Contract Late	\$100.00
Team Delegate missing SAWHA meeting	\$100.00
Team Delegate missing SAWHA AGM meeting	\$250.00
Missing Casino Volunteer sign-up	\$250.00
Volunteer not showing up at Casino	\$500.00
Missing provincial championships raffle prize (April 2011 AGM)	\$250.00
Greater than 10 PIMs/regular season game in respective Tier (April 2012 AGM)	\$250.00
Non adherence to Volunteer Code of Conduct (April 2011 AGM)	\$150.00
Missing provincial championships volunteer	\$50.00
Team Delegate missing Bylaw workshop	\$50.00

### Player Fines

Infraction	Fine Amount
10 Minute Misconduct in last 10 minutes of a Game	\$30 per game suspended
Game Misconduct	\$30 per game suspended
3 penalty infractions (SECOND OFFENCE)	\$30 per game suspended
Any Major and a Misconduct	\$30 per game suspended
2nd Misconduct Offence	\$60 per game suspended
3rd Misconduct Offence	Under SAWHA Review
Greater than 1PIM/regular season game in respective Tier	\$30 per game suspended
Greater than 2PIM/regular season game in respective Tier	\$30 per game suspended
1st Fighting Offence - Major and Misconduct	\$50
2nd Fighting Offence - Major and Misconduct	\$100
3rd Fighting Offence - Major and Misconduct	Under SAWHA Review
Match Penalties (See CHA Rules)	\$50 per game suspended

### NOTICE RE: CLARIFICATIONS TO MINIMUM SUSPENSION LIST

- Any Player or Team Official who is assessed a Minor Penalty and a Game Misconduct or a Major and a Game Misconduct or any other infraction resulting in a Game Misconduct/**Gross Misconduct** penalty, that occurs in the last ten (10) minutes of regular time or any overtime, or at the conclusion of the game and prior to the Player or Team Official entering his/her dressing room, shall automatically be suspended for a minimum of the next regular League/Playoff/Pre-Season/Tournament/Provincials Game. This is in addition to any other suspensions directed by SAWHA Hockey Minimum Suspensions.
- Any game misconduct and major in the first period of a game, the Discipline Committee reserves the right not to suspend or fine. Each call will be reviewed by the Director – Discipline as a separate case.
- These are minimum suspensions for first time offenders. Additional suspensions will be imposed on repeat offenders and wherever conditions and circumstances warrant.
- It is the responsibility of each team manager and/or coach to ensure their players sit out their appropriate suspensions. When in doubt as to the relevant suspension, contact the Director – Discipline.
- If unable to contact the league office, sit player(s) in question out until clarification can be obtained.

- These suspensions are in addition to the game incurred.
- All Referee reports will be forwarded to the Director – Discipline immediately, unless upon the act of a player assaulting a Referee where the report will be submitted directly to Hockey Alberta.
- All suspensions and fines will be issued by the Discipline committee and will be overseen by the President and SAWHA Executive.

**All Referees' decisions are final.**